



Paws for Life 5k Trail Run/Walk & 2 Mile Fun Dog Walk

Saturday May 4, 2019 – 9:30 am

Registration begins at 8 am

Rain or Shine

Paws for Life Dog Kennel 435 Mitton Road Chesapeake City, MD 21915

Preregistration \$25.00 – Day of event \$30.00

Join us for a rare opportunity to run or walk a 5k (with or without your dog) or just walk through some of Maryland's most beautiful protected land, while raising money to help our rescued dogs. Our 5k starts the day with runners and walkers following the trails in the serene countryside and sprint to the finish on blacktop. Shortly after, our 2 mile dog walk begins with trivia along the trail. Runners and walkers will return to a family fun Cookout, Entertainment by Box Turtle Bob, 5k awards, canine games with prizes, vendors and silent auction.

Medals - Overall male and female winners; for top 3 male/female in age groups 9 & under, 10 -14, 15-18, 19-29, 30-39, 40-49, 50-59, 60 & over; for top 3 male/female walkers; for top 3 male/female 5k runners with Dogs Special award to the Top Male & Female 5k runner with Dog Division. One Medal per placed participant. T-Shirt guaranteed to first 200 entrants.

Timing: **NOVA Timing Systems** will chip time using the MYLAPS BibTag Timing System

Pre-Registration online www.races2run.com

Or go to our Website www.pawsforlife.org

To donate items for Silent Auction or Vendor Information: lisa@pawsforlife.org – 302-275-0495

Paws for Life 5k Trail Run/Walk & 2 Mile Fun Dog Walk Registration Form

Mail to: Paws for Life P.O.Box 407 Chesapeake City MD 21915 Make Check Payable to Paws For Life

Name _____ Age (day of Race) _____ Male _____ Female _____

T-Shirt Size – Youth L _____ Adult S _____ M _____ L _____ XL _____ Email Address _____

Address _____

Division: 5k run _____ 5k run with Dog _____ 5k walk _____ 2 mile fun dog walk _____

Waiver: In consideration for your permitting me to participate in the Paws for Life 5k Run / Walk & fun dog walk, I hereby release and discharge Paws for Life, Inc. its Directors, Officers, Agents, Volunteers, Successors and Assigns and demands whatsoever which I or any Heirs and Assigns can and may have, with respect to any injuries to me, my family members, or any pet(s) or damage to or losses of any property incurred in connection with or as a result of the Paws for Life May Day 5k Run/Walk & Fun Dog Walk.

Signature _____ Date _____

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Signature _____ Date _____